

Name:

Date:

Natural Disaster Plan

Are you prepared for a Disaster or Emergency?

A disaster or emergency can happen at any time. You can be prepared to take care of yourself and your family by making plans before a disaster happens. For example, in King County we could have:

- Flooding in winter and spring
- Snow and ice storms
- Wind storms
- Earthquakes
- Fires
- Toxic waste spills

Any of these events could leave you without power, water, or phone service for hours or days at a time. You may need to take care of yourself and others around you. Are you prepared?

Connect with others in an emergency. Neighbors and friends are generally your first and best source of help. Emergency responders like police, fire, public works and medical services are likely to be overwhelmed for the first hours or days of a large disaster.

1. How many people reside in your household? How many pets and what kinds (if any) are in your house?

2. Where are you household members during the day and how far are they from you? On any given day, would you know where they are without being able to call them?

3. In the event of a major natural disaster, it is most likely modern conveniences won't be available for a significant amount of time (cell phones, water, electricity, etc). What skills do you possess that would assist you in surviving the immediate aftermath (1 day) and the prolonged aftermath (2 weeks) of a major natural disaster? (paragraph form, complete sentences).

4. Let's imagine you could make it to the grocery store minutes after a natural disaster before things get too chaotic. What are the 6 most essential items you would get to aid with your family's survival for two whole weeks? Why?

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

Why?

5. Let's imagine you are at home when a natural disaster hits. What are the first 6 things you would do to ensure you and your family would survive?

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

Why?

6. Does your family currently have any natural disaster supplies at home? (Specifically for a disaster, not in the pantry.)

7. On a separate sheet of paper, make a natural disaster plan for you and your family. Use bullet point format and must include all family members. How would you find each other? How would you get supplies? Etc.... (Rule of thumb is some people stay put and some people stay are mobile.)